

Philippians Discussion Questions 11.12.17

Leader Prep Section

Take time before your small group meeting to prepare by reading through the questions and scripture passage so that you can select 4-5 questions that are best suited to your group.

Try to work through at least one question from each of the sections - Hook, Book, Look, Took in order to move from observation to application.

When possible spend time in prayer for each member of your group.

Hook - Ice breaker type questions to help make the transition into the study time.

1. How would you describe what it looks and feels like to rejoice?
2. What do you do when you feel anxious and want to regain a sense of calm?

Background

In the previous section Paul called for the church to be united in its focus on the fact they have citizenship in heaven and Jesus is coming back. Now in this next section Paul calls the Philippians (and us) to respond to the good news that our Lord is near and hears us when we pray to him. When we remember this and live in that remembrance we too can know the peace of God that surpasses all understanding. Paul wrote these amazing words of hope and joy while in prison and after much persecution.

Read Philippians 4:4-9

Questions

Book - These questions are designed to get you into the text itself.

1. How does Paul begin in verse 4?
2. What does Paul recommend to the Philippians as a way to reduce anxiety?
3. Paul tells the Philippians to fill their heads with what sort of thoughts?

Look - These questions will take you on a deeper look at what the passage means for us today.

1. Why is rejoicing important if we are going to set aside anxiety and focus on the good things in life?
2. How do you follow Paul's advice on how to not be anxious about anything?
3. When we focus on things that are pure, true and lovely what changes in how we think and act?

Took - These questions are focused on applying the big idea from the text to our lives.

1. What do you think the impact will be on your friends, family and neighborhood when you make joy a regular part of your life?
2. How can we use the truth that Jesus hears us when we pray to draw people together?
3. What actions can we take today that will demonstrate that we are heeding the call in verse 9?

Closing

Take some time to pray for one another that we would each know the power that comes when we can sit in the peace of God that surpasses all understanding. Use that peace to fuel your joy and go out this week and actively express it so that others can be blessed as well.

Reminder: The goal and highest achievement for those who follow Jesus as their King and Savior is to live like him.