

Art of Being Human Discussion Questions  
01.07.18

Leader Prep Section

Take time before your small group meeting to prepare by reading through the questions and scripture passage so that you can select 4-5 questions that are best suited to your group.

Try to work through at least one question from each of the sections - Hook, Book, Look, Took in order to move from observation to application.

When possible spend time in prayer for each member of your group.

**Hook - Ice breaker type questions to help make the transition into the study time.**

1. Share a story of a time when you noticed the wondrous nature of the world around you.
2. What types of things or experiences create “wow” moments for you?

Background

Psalm 8 was written by David and was intended to be sung by the people when they gathered together for worship. It is a psalm of praise and is designed to draw us into praise by being reminded of how great God is and how he has lavished his love on us. David makes it clear that God loves his people by highlighting our place in this world.

Read Psalm 8

Questions

**Book - These questions are designed to get you into the text itself.**

1. According to the opening two verses how has God established a stronghold against his enemies? What do you think this means?
2. What aspects of creation bring David to wonder?
3. What has God crowned humanity with according to verse 5?
4. What has God made humanity ruler over?
5. What are the connections between Psalm 2 and Genesis 1 – 2?

**Look - These questions will take you on a deeper look at what the passage means for us today.**

1. If like this Psalm your day opened and closed with a moment of reflection on how majestic God is, how do you think you would act differently?
2. When you think about all that God has created how does it make you feel to know that humans are the best of the best of creation?
3. As people crowned with glory and honor how should we behave?
4. God has made us rulers over the works of his hands. What do you think he expects of us in this role?

**Took - These questions are focused on applying the big idea from the text to our lives.**

1. How much does your view of life with God include the art of being human?
2. What the things that keep you from seeing the wonder of the life you've been given?
3. Are there specific things that steal your wonder that you need to turn away from?
4. Where do you want God to grant you wonder that leads to worship?
5. Is there a simple practice of paying attention that your group could all agree to try for a week? (everyone agrees on a no smartphone time, everyone ends each day writing down one thing that evoked wonder that day, everyone makes sure they interact with at least one child in the next week, etc. Be as creative as you want and then debrief it next week!)

### Closing

As you finish your time together take a few moments to pray for one another. Focus on identifying the places and experiences that create wonder and how we might lean into them.

Reminder: To be human is to be in relationships with others, we are hard wired for it. So, why is it so challenging to be our true selves with others? Lean into our desire for relationships, first with Jesus and then with those around us.