

## Songs and Psalms

### Week 5 - July 5th - Psalm 32:8-11

**Main Idea:** God's eye sees everything. He watches over us and keeps us in the path of Light that guides us. Jesus is the Light of the world. When we walk in that Light, we are on the right path. Just as a loving parent corrects a child who has wandered, God watches us and instructs us in His ways.

**Read:** Psalm 32:8-11

**8** The Lord says, "I will guide you along the best pathway for your life. I will advise you and watch over you. **9** Do not be like a senseless horse or mule that needs a bit and bridle to keep it under control." **10** Many sorrows come to the wicked, but unfailing love surrounds those who trust the Lord. **11** So rejoice in the Lord and be glad, all you who obey him! Shout for joy, all you whose hearts are pure!

#### **Questions:**

- What makes you happy? What is the difference between being happy and being joyful?
- How would you feel if you were on your way to meet friends for a play day at the beach? Would your feelings change if it started to pour with rain?
- What would you say or do if your parents suggested that you spend the day with your friends at a museum instead?
- How could you choose to be joyful about the change of plans?
- What does the Bible say about how we can find joy? And about our path/plans?  
(re-read verse 8 and 11)

**Action:** Trace your footsteps outside with sidewalk chalk, or cut your foot shape out of paper and lay them out on the ground for someone to follow. After they have followed it try moving the trail half way through and see how they can switch and keep following even when plans change. Can we make the switch with joy even when it wasn't what we expected. Maybe cut out all the foot shapes of everyone in your family and make your path out of all the different feet. Have fun with this and be creative. Make a lot of paths and practice joy in change.

**Preschool:** Trace your child's feet onto paper and trace your feet on paper. Wonder how big were Jesus' feet? Cut out feet and have them follow your feet on a little path.