Leader Preparation

1. Take some time to look over these questions ahead of time. Choose the ones that you want to make sure you cover with your group. We have highlighted what we think are **key questions by bolding them.**
2. Pray for your group and your time together as you prepare. This is so helpful!
3. When meeting online you as the leader will need to be more directive than in person. Don’t be afraid to invite everyone to answer a question, invite them to share by name, and thank them when they finish. The online format requires a little more intentional orchestrating than an in-person group.
4. Try to start the gathering by getting everyone talking at least once to begin. The Hook section is great for this. When in doubt, have people share stories about their past. (How the week was, favorite memories about the topic for the day, etc). This is a great way to help your group continue to get to know one another.
5. Next, look at the Scripture and what it means. We believe Jesus is discipling people through this Word. Get people into the Scriptures and the Scriptures into people!
6. Finally, end with what God is saying to people and how God is inviting them to respond. These aren’t just ideas to know but realities to live in!

Hook - Getting to know one another

* How is everyone doing this week? This could also be an icebreaker question related to the topic for discussion.

1. Christian shared that his trees in the garden would have hamburgers on it. Share what attractive food may have filled the garden if you were there.

Book - Scripture

* Read the scripture, and discuss a few questions to understand **what the text is saying**.
* **Read Romans 12:1**
* **Col. 3:17**
* **Phil 2:1-4**

2. What is Romans 12:1 saying about how we use our bodies? And what is the purpose? How do the Colossians and Phillipians passages speak to our lives of work?

3. **Paul speaks in these passages about how we spend our time and what to strive for. Look back through Acts and other epistles for examples of how the members of the church were working and thereby offering their bodies as living sacrifices in worship to God.**

Look - Connections to our world today

* This section focuses on implications about **what this text means** about what’s wrong in the world, about trusting God, about who God is, etc.

4. How does the world value or misvalue work? How about the church?

5. In a society of “never enough rest or work” where do we tend to over work or over rest - discuss how trust in Jesus frees us from this cycle? Psalms 23

Took - Personal Application

* This application focuses on **how God is calling us to respond**. This could be personally, as a family, small group, or church. It could be something to believe, to meditate on, to say or do this week.

6. Christian used “errors of purpose” to discuss misunderstanding about why we work and wrong motives that may drive us. Take a minute to ask yourselves….

What work do I do? If you are out of work, a caretaker, between jobs, this may be tricky….how do you spend your time?

**Why do I work?**

7. He also shared about “errors of quantity”, are we in the habit of working too much or resting too much? What do you need to say to yourself most often? ENOUGH work, time for rest? Or ENOUGH rest, time for work?

Time of Prayer