Discussion Guide

This discussion guide can be used by an individual, a family, housemates, or a small group. All of our small groups are moving to an online format. If you would like to be in a small group please go to www.hcbellingham.com/smallgroups/ or email smallgroups@hcbellingham.com.

For Leaders

- We have three priorities this season
 - 1 Connect people to Jesus
 - Spend some time in Scripture and prayer together. When meeting online this will be shorter than in person usually, that's okay.
 - 2 Connect people to one another.
 - Make sure you spend time every week letting people share how they are feeling and doing.
 - 3 Connect to the needs around us
 - Ask your group how the people they know are doing. Encourage them to be reaching out and caring for those around them. Even if someone is stuck at home they can use the phone to reach out to those they know.

Hook (Check-in)

- How is everyone doing this week?
- If you are on your own, check in with yourself. How are you doing this week?

Read Scripture - Gal. 5:13-18

(Choose on from each section as you have time)

Book

- This text is full of opposites. Flesh vs. Freedom. List a few of the contrasts Paul makes.
- Paul has spent the last many verses calling the Galatians to freedom. Here he clarifies some of the restraints within freedom. Discuss some of the restraints he gives and how they would benefit the church and individuals.

Look

- Humans tend to associate freedom with the ability to do all things that make them feel good. What does this passage explicitly state about freedom?
- How does this passage relate to the world around us, today? Our very real and very intense circumstances?

Took

- How do we, as free children of God, show our freedom to others?

- How can we be loving others in this time? (Remember that the virus will cause people to get sick, but many people might be struggling financially or unsure how they will make childcare or other aspects of their life work. We want to engage with all of this. Make space for people in your group to share where it is impacting them. Care for one another.)
 - Thinking through our Circles of Influence:
 - How are the seniors or other vulnerable people in Hillcrest doing? How can we/you serve them?
 - How are the seniors or other vulnerable people on each of our individual blocks doing? How can we/you serve them?
 - How are the seniors or other vulnerable people you're relationally connected to doing? How can we/you serve them?
 - Are there any immediate wider initiatives in our neighborhood or city happening that we need to be aware of?

Time of Prayer