

## Songs and Psalms

### Week 2 - June 14th - Psalm 23

**Main Idea:** We do not have to fear because God is watching over us. He protects and comforts us when we are afraid.

**Read:** Psalm 23 (Preface with; this is David speaking)

- **1** The Lord is my shepherd, I lack nothing. **2** He makes me lie down in green pastures, He leads me beside quiet waters, **3** He refreshes my soul. He guides me along the right paths for His name's sake. **4** Even though I walk through the darkest valley, I will fear no evil, for You are with me, Your rod and Your staff, they comfort me. **5** You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. **6** Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever. - **Psalm 23**

#### **Questions:**

- Does it sound like David trusts God? (Answer: Yes)
- Does it sound like David feels safe? (Answer: This is a trick question because David says that he is walking through the valley of the shadow of death, but it also says that God's staff is comforting him. David trusts that God will keep him safe).
- What is your reaction to this Psalm?

**Connection:** Just like David, we too can always trust in God and we can always worship Him! Even when times seem dark or scary, or when we are happy and joyful, in every moment we should worship the LORD because He is good.

#### **Song List:**

- I Am Not Alone (People and Songs version)
- The Lord is my Shepherd (Stuart Townend)

#### **Pre-School Version:**

**Read:** The Good Shepherd in the Jesus Storybook Bible. (pg 130)

**Activity:** Spend time listening to the songs and talk about why we should trust God.