

Songs and Psalms

Week 9 - 8/2/20 - Psalm 119:105-108

Questions:

- Have you ever been afraid of the dark?
- Has there ever been a time when you were lost and you didn't know which way to go?
- What happens when you turn on the light switch? What happens to the darkness?

Story: (I do this lesson sitting in the dark with a flashlight!)

- You will need a flashlight and a Bible.

Imagine you were walking through dark woods and you didn't know where you were or where you were going. You cannot see ahead, because it is so dark, but you keep walking. Then, you realize that you have had a flashlight in your pocket the whole time! You forgot! Whenever you turn the light on, you can see the path that was always close to you. As you follow the path with the light you wonder how you ever lost it, but, because it is so dark you could never find it. This is why we should always have our light out, which is the Bible.

- **Next take out the flashlight and a Bible.**

The Bible is our light in darkness. The Bible is God's word to us. By reading and memorizing the Bible we are able to carry our flashlight with us at all times! God gave us the Bible so that we may be able to find our way; we, however, must be willing to accept the guidance the Bible offers.

Read:

- **105** Your word is a lamp to guide my feet and a light for my path. **106** I've promised it once, and I'll promise it again: I will obey your righteous regulations. **107** I have suffered much, O Lord; restore my life again as you promised. **108** Lord, accept my offering of praise, and teach me your regulations. - Psalm 119:105-108

**An oath is a commitment or a promise to do something. The person who wrote this says that they promise to follow God's ways. They know that if they follow God's ways, then they will be on the right path and not be led into darkness. When they take the oath or promise, they are so happy that they praise God. It is so important for us to remember God's words and keep them in our hearts.

Final Questions:

- Does light make it easier to see in the darkness?
- If God's word is like light, then shouldn't we use it?
- What is an "oath"?
- What did the Psalm say about an "oath"?
- What does the Bible say that Jesus is? A LIGHT!