

Songs and Psalms

Week 11 - 8/16/20 - Psalm 139:13-14

Questions:

- What does it mean to be wonderful? (Answer: To be delightful)
- Does God know you? (Answer: Yes)
- How does it feel to know that God created you?

****God delights in you because He loves you and He created you wonderfully! You, each one of you is created by God! You were not an accident, He designed you to be you and He knows you.**

Background: This passage was written by King David. He didn't complain about what he looked like, how tall he was or the color of his hair because he knew that God loved him just as he was, even though he often made mistakes. He was thankful to God, like we should be, because he knew we were all "fearfully and wonderfully made."

****Now, the word, "fearfully" doesn't mean he was afraid of how God made him, or that God is afraid to look at us. It is another way to say, "WOW!" and it means being in awe and amazed at what God created. We are "fearfully and wonderfully made" because God is amazed at His perfect creation.**

Read:

- **13** For you created my inmost being; you knit me together in my mother's womb.
- **14** I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. -**Psalm 139:13-14**

Questions:

- Why does God know us so well? (Because He designed, planned and created us)
- When did God first know us? (Before we were even born!)
- What does this verse tell us about how we were made? (It took a lot of time! Think about knitting a scarf and how long that would take)

Song List:

- Royalty (Hillsong Kids)
- Not Forgotten (Hillsong Kids)
- Let the Children Come (Hillsong Kids)

Activity: Wonderfully made Hearts



- You will need different colored paper, stretch wrap, glue and a pen.
- First, cut out two hearts of the same size. Then, take a gingerbread man cookie cutter and trace it in the middle of both the hearts. (or you can free hand it!) then cut out both 'people.'
- Next, take two pieces of your stretch wrap and glue them behind the cut-outs.
- Use different colored paper to then make some confetti! Place a small amount of the confetti in the center of your stretch wrap. Then you can finally glue the two hearts together!
- Write the verse, "I will praise God for I am wonderfully made." -Psalm 139:14