

Songs and Psalms

Week 12 - 8/23/20 - Psalm 150

The Where, Why, How and Who of Praise

Read:

- **1** Praise the Lord. Praise God in his sanctuary; praise him in his mighty heavens. **2** Praise him for his acts of power; praise him for his surpassing greatness. **3** Praise him with the sounding of the trumpet, praise him with the harp and lyre, **4** praise him with timbrel and dancing, praise him with the strings and pipe, **5** praise him with the clash of cymbals, praise him with resounding cymbals. **6** Let everything that has breath praise the Lord. Praise the Lord. - **Psalm 150**

The Where: EVERYWHERE! (verse 1)

- Read verse 1 again, it says we praise the Lord in his sanctuary. A sanctuary is a place of worship where God's people gathered. We call it a church now!
- What is the first thing we do at church? We Worship!
- Do you notice a difference when you sing in the car and when you sing at church? I do. That's because Jesus wants us to worship everywhere and every day and in church. And when we get to go to church on Sunday, everyone worshipping together is the big finish for that week. It feels different in the car because that is you and God, just you two. When we are all together in church, we are ALL singing to Him.

The Why: Every act and attribute of God (verse 2)

- Why should we praise God? Because of what He has done ("His mighty deeds") and because of who He is ("His excellent greatness")
- What are some of the great things He has done for you? (He formed you in your mother's womb, He sent His only son to die on the cross for us, He forgives our sins etc...)
- Aside from His mighty deeds, we should praise Him simply for who He is. He is PERFECT!

The How: With Everything You've Got! (verse 3-5)

- If you read the verses, 3-5 again, it kind of sounds like, "Give it everything you've got!"
- Use your breath for the trumpet, your fingers for the harp, your hand for the tambourine, move your whole body in dance. This sounds more like a Disneyland parade than a Sunday morning worship service!!

- Worship is not supposed to be something we feel we have to do 'because it's the right thing.' It should be full of joy and thanksgiving!
- Worship can also be more than just singing and dancing. You can actually worship God by doing your chores! Or doing school work. When you love God and believe in Him, you start to live your life for Him and with Him. Which means that everything you do, starts becoming a form of worship to Him! SO COOL!

The Who: Everything that Breathes (verse 6)

- The only thing you have to do to praise God is breathe. You don't have to be on the worship team or the dance team. You don't have to be the best singer, and there is no such thing as the best Christian. Which means, all you have to do to worship God is be alive!
- Everything in the world that breathes, can worship Him!

**That was A LOT of stuff to try and learn. So if you want to start off a little easier, follow this link to this week's activity! You can print out a really cool trumpet for your kids to decorate!

<https://ministryark.com/printable/praise-him-printable-trumpet-craft/>