Leader Preparation

1. Take some time to look over these questions ahead of time. Choose the ones that you want to make sure you cover with your group. Pray for your group and your time together as you prepare. This is so helpful!
2. When meeting online you as the leader will need to be more directive than in person. Don’t be afraid to invite everyone to answer a question, invite them to share by name, and thank them when they finish. The online format requires a little more intentional orchestrating than an in-person group.
3. Try to start the gathering by getting everyone talking at least once to begin. The Hook section is great for this. When in doubt, have people share stories about their past. (How the week was, favorite memories about the topic for the day, etc). This is a great way to help your group continue to get to know one another.
4. Next, look at the Scripture and what it means. We believe Jesus is discipling people through this Word. Get people into the Scriptures and the Scriptures into people!
5. Finally, end with what God is saying to people and how God is inviting them to respond. These aren’t just ideas to know but realities to live in!

Tip of the week

Question writers: If you are meeting over zoom, you can have everyone number themselves as part of their zoom name. That way, people know “The shape of the circle” and who is next by default if that is how your group wants to take turns sharing. As the host, you can rename people at will if you want, especially if they are having trouble figuring it out!

**Hook** - Getting to know one another

* How is everyone doing this week? This could also be an icebreaker question related to the topic for discussion.

**1.** Fun Fact: Did you know that some Korean bible versions say that Jesus is the “rice cake of life?” It makes sense, because in many Asian cultures you haven’t truly eaten unless you have eaten rice with your meal. What is a food that makes you feel super satisfied? Warning, this might make your group hungry.

**Book** - John 6:25 -40 with special emphasis on verse 35

* Read the scripture, and discuss a few questions to understand **what the text is saying.**

**2.** From this passage, list some of the ways that the crowd is confused or needs to be re-directed as they look for Jesus/ for bread.

**3.** Based on the passage, what does the crowd want/ expect from Jesus?

**Look** - Connections to our world today

* This section focuses on implications about **what this text means** about what’s wrong in the world, about trusting God, about who God is, etc.

**4.**  In your opinion, why are we so prone to “work for the food that spoils”?

**5.** In this story, the people ironically chase Jesus, but not for the purpose of having Jesus himself. They chase Jesus for dinner rolls. Try to give specific examples of how we still do that today, especially from your own life.

**Took** - Personal Application

* This application focuses on **how God is calling us to respond**. This could be personally, as a family, small group, or church. It could be something to believe, to meditate on, to say or do this week.

**6.** Take a moment and invite the Holy Spirit to examine your life. What food are you working for and chasing? How would your life look differently if you believed deep, deep, deep down that Jesus is “the bread of life”, the satisfaction for your soul?

Feel free to share [this song](https://youtu.be/VAZd3EWu8tg) or to use it during your prayer time if it is helpful to you!

Time of Prayer