

Prayers and Proverbs

Week 8 10/18/20

Think! Way back in our Fruits of the Spirit series, we learned about gentleness. This is super important in our world right now because we can be really quick to use harsh words to each other. But gentleness means, being loving, tender, calm and humble in the things you say and do instead of being harsh or mean. When I am gentle with someone, I speak the truth in love.

Read: Proverbs 15:1

- **15** A gentle answer turns away wrath, but a harsh word stirs up anger.

Questions:

- When someone speaks to you unkindly, how do you feel?
- How does a gentle response cool anger?
- How does God want us to talk to each other?

Answers:

If someone is speaking unkindly to me, I usually feel pretty bad or even say mean things back. Imagine what others feel if you speak unkindly to them!

When you use a gentle response instead of an unkind one, it usually helps the other person to calm down. There is a saying that could even be a proverb, it says, 'it takes two to argue.' When you use a gentle response you can stop the arguing!

God wants us to be people who say kind things that will help "heal" the hurt in others. Kind or gentle words are like "God's bandages."

Activity:

- **3yrs-Kindergarten:** You guys have a craft this week about using gentle words. Make the craft and hang it on your fridge as a great reminder!
- **1st-5th:** There is a coloring sheet you can work on this week! And practice asking God for help if you are having an argument this week. Try to use a gentle response!

Prayer:

Dear God, when I am angry or upset, please help me to be gentle in the things I say and do instead of being harsh or mean. AMEN!

Video:

** This is eggbert, Eggbert is my helper for this morning.
So, let's read our verse.

- **15** A gentle answer turns away wrath, but a harsh word stirs up anger.
- Proverbs 15:1

You might remember way back to our fruits of the spirit series where we talked about gentleness.

- What does it mean to be gentle?
- being loving, tender, calm and humble in the things you say and do instead of being harsh or mean.
- When I am gentle with someone, I speak the truth in love.

So what does it look like when someone has had harsh words spoken to them?

- This is where Eggbert comes in to help. Imagine that I am meeting Eggbert for the first time, but in his past, someone has said some pretty mean things to him. He might have some holes or some bruises.
- So what can we do to help him? Well, God uses us and our words as, 'God bandages. When we speak truth and life to someone, God uses that as a bandage. (look! Eggbert is all patched up!)