



Sermon Discussion Guide

Christian Lindbeck - Bread: The Everyday Miracle and Message
November 6, 2022

Leader Preparation

1. Take some time to look over these questions ahead of time. Choose the ones that you want to make sure you cover with your group. We have highlighted what we think are **key ideas/questions by bolding them.**
2. Pray for your group and your time together as you prepare. This is so helpful!
3. When meeting online you as the leader will need to be more directive than in person. Don't be afraid to invite everyone to answer a question, invite them to share by name, and thank them when they finish. The online format requires a little more intentional orchestrating than an in-person group.
4. Try to start the gathering by getting everyone talking at least once to begin. The Hook section is great for this. When in doubt, have people share stories about their past. (How the week was, favorite memories about the topic for the day, etc). This is a great way to help your group continue to get to know one another.
5. Next, look at the Scripture and what it means. We believe Jesus is discipling people through this Word. Get people into the Scriptures and the Scriptures into people!
6. Finally, end with what God is saying to people and how God is inviting them to respond. These aren't just ideas to know but realities to live in!



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Hook - Getting to know one another

1. How do you think the first human being figured out how to make bread?
2. Reflect on a time where you ate some delicious, freshly baked bread. What did it smell like? What did it taste like? Where were you? How did it make you feel?
3. Discuss this quote from Christian with your group:

“Baked grains are found in every single culture on earth. We are made to eat it. Grain is cheap and prolific. It is on every continent and environmentally rugged. Grains are packed with nutrients. It’s great food.”

Book

1. Read Matthew 6:9-13
2. What is the significance of verse 11 “give us this day our daily bread”?
3. What is something that you rely on God to provide you every day?

Read Exodus 16: 1-5

1. Why does God provide them specific instructions about gathering the manna? Why do you think it is difficult for the Israelites to follow these Instructions?
2. What does it say about God that he provided for the Israelites in this way as a response to their grumbling in the wilderness?

Look

1. How do you think your life could change by reflecting on the miracle of bread?
2. In a society that values self sufficiency what are some obstacles with trusting God’s provision?

Took



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1. When you wake up each morning this week, begin by praying the Lord's Prayer. If there is something that you are anxious about pray to God that he would provide for you and trust in his provision. At your next small group meeting discuss how engaging in this practice changed you.

Time of Prayer