

Getting Started Week 3 - Sharing Our Stories

Goal: Throughout Scripture, God regularly tells His people to remember the stories of God at work in their lives. Small groups are a place for us to live this out.

Hook

- What is a go-to story that gets shared over and over again in your family?

Book

- Read all of Psalm 107 out loud together, taking turns every few verses.
- Repetition in scripture matters. Give group members five minutes and a piece of paper and pencil to make notes about the repetition seen in Psalm 107. Discuss.
- What does this psalm teach us about God's heart for His people?

Look

- In a Christian community you've been a part of, what is a go-to story that is told over and over again?
- What is a go-to story that you tell yourself or others over and over again about God at work in your life?
- Why is it important that we share stories and remember what God has done? What
 does it do in our hearts? Have you ever been inspired by someone else's God story?
- What does it do in our communities when we choose to revisit and remember the works of God in our lives?

Took

- What steps can we take to foster an environment where open and honest story sharing becomes part of our group's culture?
- What are some ground rules that would help make this group a place where you
 would feel safe and comfortable sharing your stories? Some topics you should touch
 on include
 - Confidentiality: stories that are shared in small groups should stay in small groups.
 - Practicing non-judgemental listening: we shouldn't jump to judge, criticize, or give advice when someone is sharing. Listen first!
 - Vulnerability and honesty: the importance of sharing openly as a group, and how that can invite everyone to deeper relationships.



- Sharing airtime: we know who we are. Invite quieter people to be brave and share, people who are quick to speak to wait for others and not share a response for every question.
- How do we as a new small group want to share our own stories with each other, to begin to get to know one another?