



Sermon Discussion Guide

Spiritual Practice: Prayer - Hannah Dreblow

4/21/2

Hook - Getting to know one another

- *How is everyone doing this week? Add other questions to get to know one another, especially ones related to the topic in the sermon.*
- What feelings come to mind when you think about prayer?
- On a scale from 1-10, how do you feel about your prayer life? (10 being the highest)

Book - Scripture

- *Read the scripture passages and discuss to understand **what the text is saying**:*
- *Read Matthew 6: 5-13*
- What does Jesus say about prayer in this passage?
- What are the specific instructions he gives for prayer?
- What do we learn about God's Character in this passage?

Look - Connections to our world today

- *This section focuses on implications about **what this text means** about what's wrong in the world, about trusting God, about who God is, etc.*
- Based on this passage, what do you think the purpose of prayer is?
- Why do you think we pray even though God already knows our requests?
- What is the benefit of being alone for prayer?



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Took - Personal Application

- *This application focuses on **how God is calling us to respond**. This could be personally, as a family, small group, or church. It could be something to believe, to meditate on, to say or do this week.*
- Before this sermon/small group what did you think the purpose of prayer was?
 - Has that changed since reading the passage/listening to the sermon?
How?
- If you are someone who prays, what does that look like?
 - In light of this passage, how is God inviting you to reshape your prayer life?
- What gets in the way of having a deep and meaningful prayer life?
 - What realistic practical steps can you take to create a regular practice of prayer?
- What needs do you have that you want or have been taking to God in prayer?
Spend some time praying together as a small group?

Time of Prayer